

Training in end of life care – e-ELCA

An essential e-learning resource for health and social care professionals



- **A multidisciplinary programme** that covers both clinical and social care themes
- **Interactive exercises allow you to explore** sensitive and challenging aspects of end of life care
- **Developed by the Association for Palliative Medicine of Great Britain and Ireland and Health Education England e-Learning for Healthcare**

The End of Life Care for All (e-ELCA) learning package supports the training and education of all those involved in delivering these vital services.

The learning content covers key clinical themes but it also helps to develop many soft skills that are crucial in decision-making discussions with patients.

The content has been written by a multidisciplinary team of subject-matter experts. It meets the highest professional standards and the emerging curricula for end of life care qualifications.

This e-learning is most effective when combined with mentor support or face-to-face classes to help build up core knowledge and to consolidate your understanding.

key features at a glance

- **Multi-professional use**

e-ELCA is relevant to all professionals who are involved in delivering end of life care, including nurses, doctors, care home workers and care agency staff.

- **Peer-reviewed content**

The high-quality content has been written and peer-reviewed by leading experts in the UK, and it is endorsed by the Association for Palliative Medicine of Great Britain and Ireland.

- **Multimedia features**

e-ELCA includes highly interactive and engaging content, with images, videos, real-life case studies and questions to test your knowledge and understanding.

- **Real-life scenarios**

You can explore sensitive issues and find out how you would react in certain scenarios with interactive exercises.

- **Flexible learning**

e-ELCA is available anywhere, at any time – via the Internet. You can therefore study around your professional commitments.

In partnership with:



Association for
Palliative Medicine
Of Great Britain and Ireland

NHS
Health Education England

Quality-assured training

The importance of delivering excellence in end of life care is a key priority in the UK National Health Service (NHS), as highlighted in recent government reports and by the UK's Care Quality Commission. Therefore, the need for high-quality education in this area has never been greater.

e-ELCA offers an invaluable learning tool that supports the NHS End of Life Care Strategy. However, the themes are relevant to healthcare professionals globally.

You can access the learning content via the Internet. Each of the eight modules focuses on a specific theme, from advance care planning through to symptom management, social care and bereavement.

The modules are divided into easily digestible e-learning sessions, with each session taking around 20 to 25 minutes to complete.

Exploring sensitive issues

Using real-life case studies, you can build your understanding of the challenges faced by patients, and their carers, during the final stage of their lives. Self-assessment exercises also enable you to check your understanding and reinforce learning.

You can record your progress online and produce certificates as evidence of completion.

Accessible anywhere, at any time, e-ELCA is a first-class e-learning resource that fits around a busy professional life.

“ This is a gold mine of resources for the national qualifications in end of life care. ”

National Association of Palliative Care Educators

“ We have used e-ELCA as part of a number of methods to underpin and reinforce learning delivered in the classroom. We found the activities helpful in testing the knowledge gained through face-to-face learning. ”

**Sally Garbett,
National Hospice Consortium
for Education and Training**

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course content

e-ELCA features over 150 highly interactive sessions that are arranged into eight modules. You can take a look at a [sample session](#) online.

Advance Care Planning

- Principles
- Context
- Process
- Developing practice

Assessment

- Principles
- Domains
- Context
- Process

Communication Skills

- Principles
- Basic skills
- Modes of communication
- Specific contexts
- Challenging scenarios

Symptom Management

- Principles
- Pain
- Breathlessness
- Nausea, vomiting and constipation
- Emergencies
- Last days of life
- General issues
- Mood
- Advanced illness

Integrated Learning

- Initiating conversations about end of life care
- Condition-specific case studies
- Critical situations
- Scenarios around dying
- Care after death
- Frameworks and tools

Social Care

- Supporting people to live and die well
- Palliative care social work
- Assessment in end of life care
- Support and care planning at end of life
- Hospital social work
- End of life care in care homes and domiciliary care settings

Bereavement

- Talking about death and dying
- Assessment of carers' needs
- Practical support after a bereavement
- Sudden death and bereavement
- Emotional support and signposting
- Children and bereavement

Spirituality

- Spirituality and the philosophy of end of life care
- Understanding and assessing spiritual need and spiritual distress
- Spiritual care and models of spiritual intervention
- Spiritual resources and quality of life
- Spirituality and the multidisciplinary team
- Spirituality in the community

