

Compassion in practice

Essential e-learning for nurses, midwives and care workers



- Focuses on enhancing care and compassion in everyday practice
- Features interactive content with photographs, case studies and self-assessment questions
- Applicable to healthcare professionals globally

Care and compassion are fundamental qualities required for any successful health or social care professional. How can we ensure that these qualities and skills are applied consistently with ever-increasing pressures on our care services?

This high-quality online learning programme takes a fresh look at the nature of care and compassion across the health and social care sectors.

During the course, you will have the opportunity to explore new insights and look at ways to improve care and compassion in your own area of practice.

The programme is available 24/7 via the Internet.

key features at a glance

- **Multi-professional use**

This e-learning is relevant to all health and social care professionals, regardless of profession, specialty or role. It is suitable for fully qualified staff and trainees alike.

- **High-quality learning**

The content has been written by leading subject-matter experts from across the UK. It is regularly updated to reflect evolving clinical practice.

- **Engaging content**

Interactive features, such as case studies and self-assessment exercises, create an engaging

learning experience that fosters deeper thinking and understanding. There are also links to further reading resources.

- **Real-world applications**

Using interactive exercises, you can reflect on how the learning applies to your own area of practice.

- **Convenient, easy access**

The programme is available online so you can study at your own pace in the workplace, at home or even on the move. You can revisit the sessions as many times as required.

In partnership with:



Department
of Health

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England

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Improving care

Compassion in Practice is divided into two learning sessions, with each session taking around 30 to 40 minutes to complete.

The programme supports the implementation of the UK health and social care sector's 'Vision for Nurses, Midwives and Care Staff', which focuses on six key areas of action. However, the themes are relevant to healthcare practitioners globally:

- Helping people to stay independent, maximising well-being and improving outcomes
- Working with people to provide a positive experience of care
- Delivering high-quality care and measuring the impact
- Building and strengthening leadership

- Ensuring that the right staff with the right skills are in the right place
 - Supporting positive staff experiences
- Through interactive exercises, you can look at ways to improve care in your own workplace, from creating a healing environment through to active listening and using accessible language with service users.

By the end of the programme, you will understand the value and significance of the six 'Cs' that underpin all health and social care services – care, compassion, competence, communication, courage and commitment. This will help you to identify what service users want to see exhibited as compassionate care.

Interactive learning

The content has been written and

peer-reviewed by a multidisciplinary team from across the National Health Service and various UK professional bodies. As such, it reflects the latest thinking and best practice guidance.

The programme includes a range of dynamic features, such as self-assessment exercises and case studies, to help embed learning and understanding on key themes.

Flexible learning

Furthermore, you can study at your own pace, around your work commitments – without having to take time out of the workplace. *Compassion in Practice* therefore offers a flexible resource for busy professionals.

PURCHASE NOW

course content

The course is structured around two sessions:

Session one considers the benefits of delivering compassionate care and identifies the core attributes and skills needed.

Session two examines the barriers to compassionate care, the importance of compassion-focused organisation, and strategies for identifying and minimising these barriers.

As a registered user, you can track your learning online and download or print off a learning history. Please see the website for registration details and costs.

You can view a short film that introduces the vision for 'Compassion in Practice' at: <http://bit.ly/ZtVYyG>

